



## **Rotary in East Anglia District 1080**

## Fully Residential 7 x 15 Plus hour days Intensive Training

Personal Development	19 Hours - Presentations, behavioural skills, achieving potential, hosting visitors, managing a formal reception & dinner, 15/30 minute initiative exercises to encourage group resolution of problems
Leadership Development	21 Hours - Group Business Projects, role play, problem solving, listening skills, SWOT analysis, qualities of leadership, presentations with all candidates taking the lead role
Team Development	23 Hours - Ongoing as individuals, progressing to groups of nine and finishing as a group of 40+, overnight expedition, night walk, initiative exercises.
<b>Business Prototypes</b>	16 Hours - Formal Business Scenario, design, market, finance and sell a product created by the group
Project Management	12 Hours - Ongoing via group projects, Lectures
Time Management	10 Hours - Recognition and Practice of Deadlines & Schedules
Public Speaking	14 Hours - Art of Public Speaking, understanding ourselves & others, lectures, radio presentation, individual & team presentations