

ROTARY YOUTH LEADERSHIP AWARDS Residential Programme at Grafham Water Centre

The purpose of the programme is to provide and present an opportunity for young people (18 to 26 year olds):

- To experience, discover, discuss, and reflect on Leadership Development and what it means to be a leader in our modern, connected world
- To observe and recognise the qualities of leadership in other people and in themselves through problem solving activities, personal contact and experiences which will be challenging physically, intellectually, and socially
- To gain skills, awareness, understanding and self-confidence which will enable participants to return to their own community and contribute to a leadership role and/or as an effective member of a team
- To take ownership of Personal Development throughout the week by having new experiences, reflecting on those experiences, recognising strengths, challenges and growing new skills to take away from the programme
- To experience Team Development and contribute an effective part of a team on new challenges, (physical, mental, and social) by using existing strengths even more effectively and developing new skills as a team member
- To develop resilience during the programme whether that be physical, mental, social, or emotional.
- To work on Project Management throughout the week on a variety of different physical, intellectual, and social topics
- To develop increased Time Management skills during the week by balancing a demanding timetable and tight deadlines with a wide range of activities

The programme will include:

- Interaction, teamwork, and group dynamics
- Simulation Business Prototype exercises which will include a computer-based simulation and role play.
- Physical activities offering new experiences and the learning of skills both in didactic and collaborative sessions and with opportunities for experiential self-managed learning
- Expedition presenting challenge, adventure, and opportunity for initiative
- Talks and discussions on the pattern of leadership
- Workshops on personal development skills, including opportunities to act as leaders Public Speaking - Preparation and delivery of a formal presentation
- Opportunities for contact between individuals of differing background and experience
- Group tutorials to identify needs and to provide support
- Social occasions involving hospitality and protocol

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